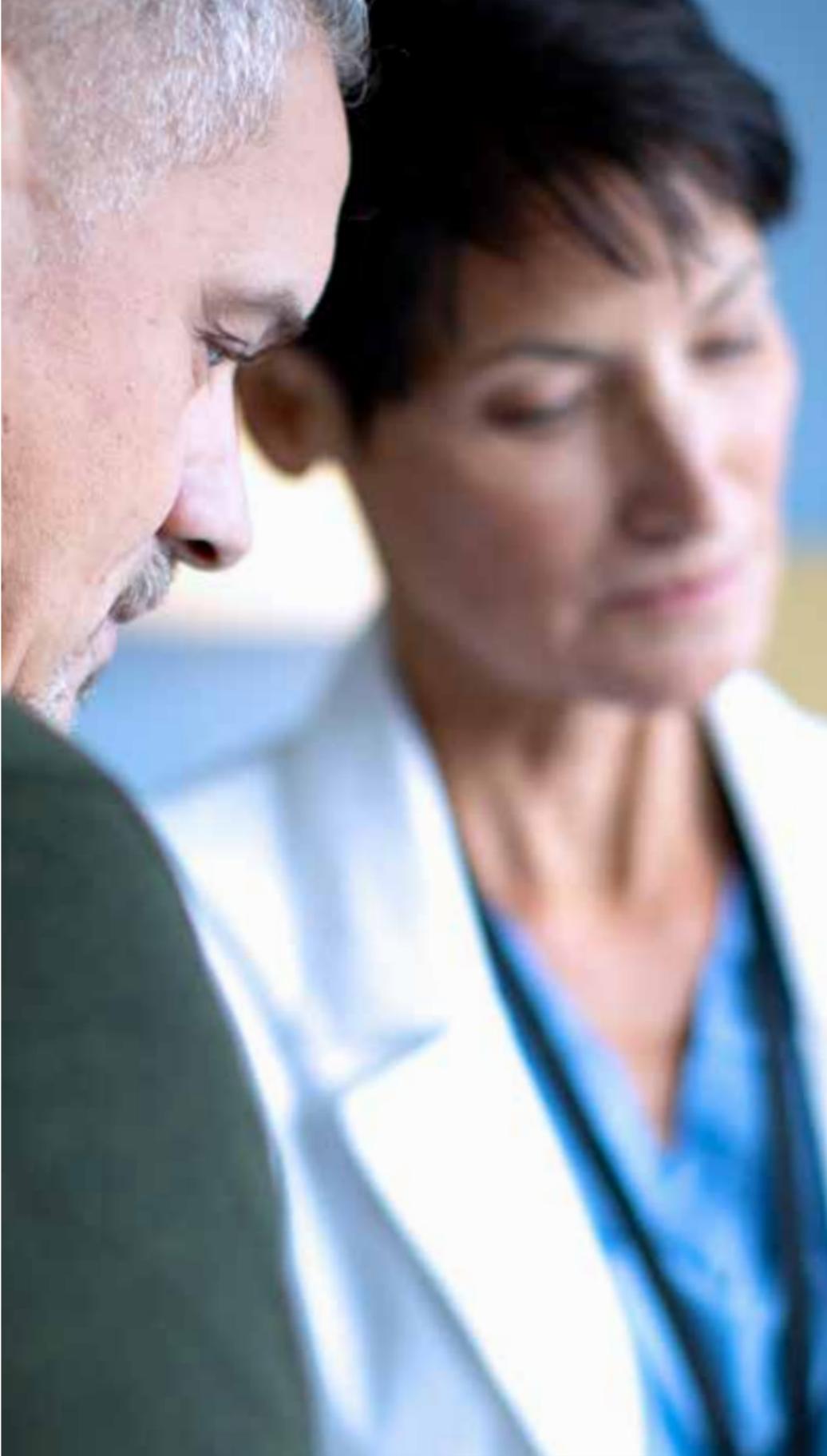


A middle-aged man with short, graying hair and a goatee is smiling broadly and giving a thumbs-up gesture. He is wearing a bright blue t-shirt. The background is a soft-focus outdoor setting with trees and a bright sky.

**A minimally
invasive treatment
for BPH**

Rezūm™ Water Vapor Therapy



BPH affects

50%

of men by age 60

and up to

90%

of men by age 85¹

What is BPH?

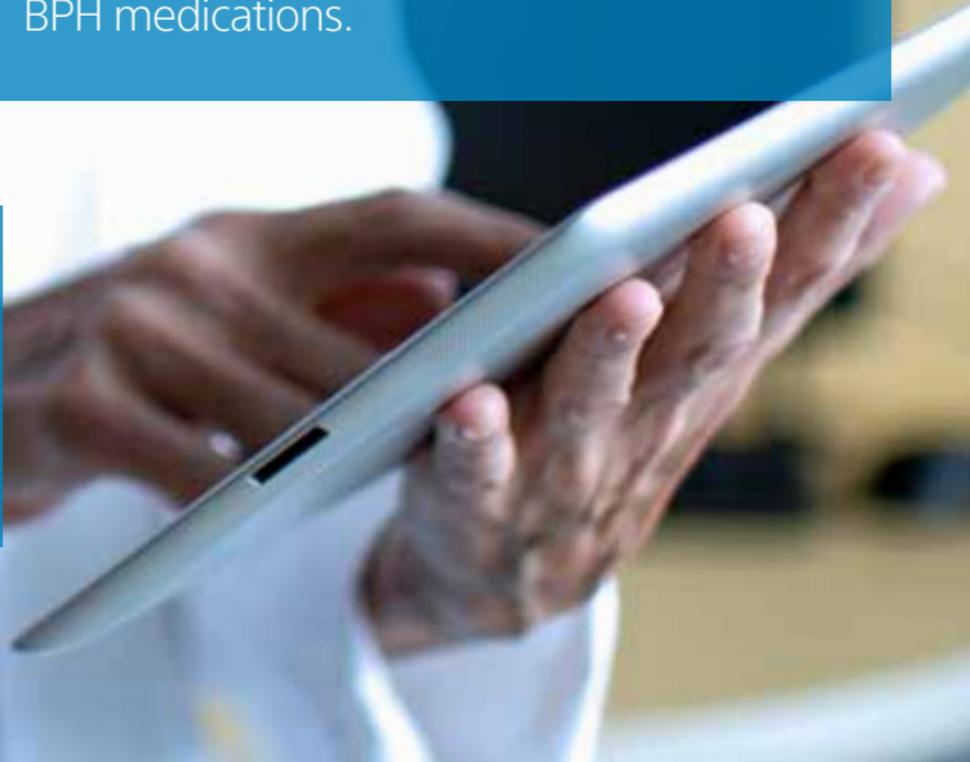
Benign prostatic hyperplasia (BPH) is an enlargement of the prostate gland affecting about 50% of men by age 60, and up to 90% of men by age 85.¹ This enlargement can compress the urethra, reducing the flow of urine from the bladder, and sometimes blocking it entirely.

The symptoms of BPH include:

- Urinary frequency
- Irregular flow
- Urgency
- Weak stream
- Straining
- Getting up at night to urinate

Treating BPH

Not ready for surgery, but don't want to be on medication? Rezūm™ Water Vapor Therapy is an option designed to reduce BPH symptoms in men with enlarged prostates – without the side effects of BPH medications.





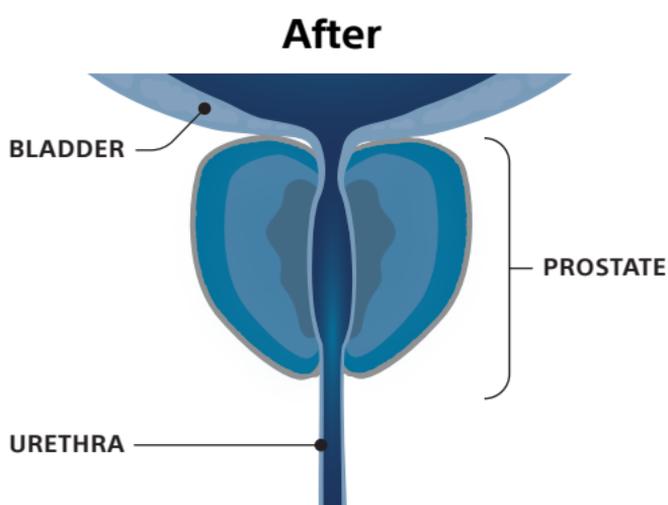
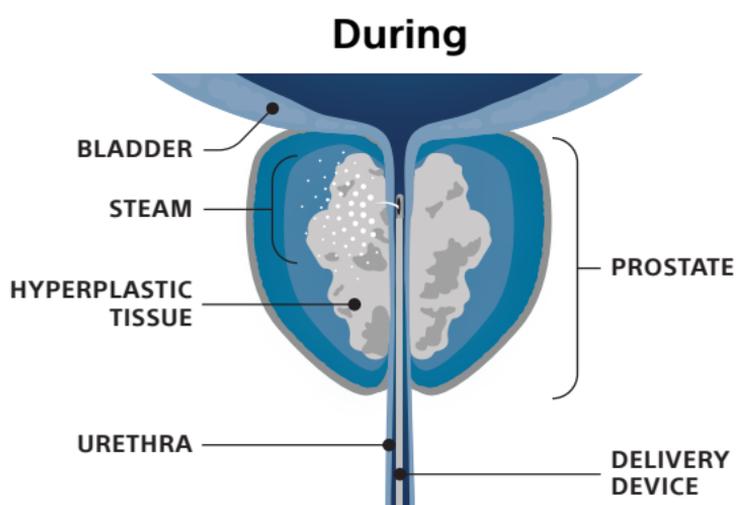
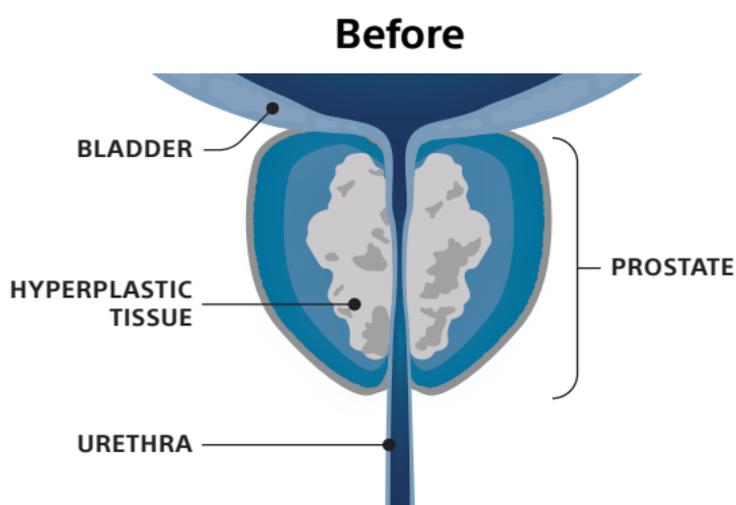
See the difference

Rezūm™ Water Vapor Therapy uses the natural energy stored in water vapor, or steam. Clinical studies show a positive safety profile with the ability to relieve symptoms associated with BPH.²

During each 9-second treatment, sterile water vapor is released throughout the targeted prostate tissue. When the steam turns back into water, all the stored energy is released, causing the cells to die.

Over time, your body's natural healing response removes the dead cells, shrinking the prostate. With the extra tissue removed, the urethra opens, reducing BPH symptoms.

Most patients begin to experience symptom relief in as soon as two weeks, and maximum benefit may occur within three months. Patient responses can and do vary.



The number of water vapor treatments varies depending on the size of the prostate. The procedure is done during one appointment. The images above are intended to show how the procedure works, not to provide an exact representation of patient results.

Ask your doctor if Rezūm™ Water Vapor Therapy is right for you.

3 Simple Steps

The following is intended as a general overview, and we encourage you to ask your doctor about questions you may have about the procedure.

1. Before your procedure

- Your doctor may stop anticoagulants (blood thinners) a few days to a week prior to your procedure.
- Antibiotics may be prescribed.
- Your doctor will discuss any pain medications that will be used.

2. Procedure day

- The actual procedure takes only minutes; however, plan on spending approximately two hours for the entire appointment.
- You will receive pain medication prescribed by your doctor for the procedure.
- Plan to have a driver for your appointment, unless your doctor tells you that you can drive yourself home.





and your experience may differ. Please talk with your doctor about the procedure.

3. Resume your life

- After your procedure, continue oral antibiotics as prescribed by your doctor.
- Your doctor may recommend a catheter for a few days to ease urination during healing.
- Avoid activities that may irritate your prostate. Consult your doctor for specific recommendations.
- If you experience discomfort:
 - Take a mild pain medication, as recommended by your doctor.
 - Try a warm bath or sitting on a hot water bottle.
 - Consider temporarily removing caffeine, chocolate and alcohol from your diet.

Within a few days, you will most likely be able to resume normal activities* and most patients will experience noticeable symptom improvement in as soon as two weeks.²

Talk to your doctor to see if Rezūm™ Water Vapor Therapy is right for you or learn more at www.TreatMyBPH.com

All treatments have inherent and associated risks. The Rezūm™ System is intended to relieve symptoms and obstructions, and reduce prostate tissue associated with BPH. It is indicated for men ≥ 50 years of age with a prostate volume $30\text{cm}^3 \leq 80\text{cm}^3$. The Rezūm System is also indicated for treatment of prostate with hyperplasia of the central zone and/or a median lobe. Potential risks include but are not limited to painful urination (dysuria), blood in the urine (hematuria), blood in the semen (hematospermia), decrease in ejaculatory volume, suspected urinary tract infection (UTI), and urinary frequency, retention or urgency. You should talk with your doctor about benefits and risks before moving forward with any treatment option.

*Dependent on individual clinical situation and healing response.

1. Barry M, Roehrborn C. Management of benign prostatic hyperplasia. *Ann Rev Med.* 1997 Feb;48:177-189.
2. McVary KT, Gange SN, Gittelman MC, et al. Minimally invasive prostate convective water vapor energy (WAVE) ablation: A multicenter, randomized, controlled study for treatment of lower urinary tract symptoms secondary to benign prostatic hyperplasia. *J Urol.* 2016 May;195(5):1529-38.

Caution: U.S. Federal law restricts this device to sale by or on the order of a physician.

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